

# Reduce, reuse, recycle

## Reuse — at home - KS1

### *It Might Be Useful*

We need to change our throwaway culture.

We need your help to do it.

Think again – it might be useful!

There are lots of ways to reuse things yourselves without throwing them away. Things that you can do, and encourage other people to do.

**Here are some ‘disposable’—throwaway items. Draw or write down some ideas of what you could use instead:**



# Reduce, reuse, recycle

Did you come up with lots of ideas?

A lot of disposable stuff is made of single use plastic (things that we usually buy, use once and then throw away) but there are often reusable things to use instead.

## 9 TIPS FOR LIVING WITH LESS PLASTIC



1 Bring your own shopping bag



2 Carry a reusable water bottle



3 Bring your own cup



4 Pack your lunch in reusable containers



5 Say no to disposable straws & cutlery



6 Skip the plastic produce bags



7 Slow down and dine in



8 Store leftovers in glass jars



9 Share these tips with your friends

LESS PLASTIC.

[WWW.LESSPLASTIC.CO.UK](http://WWW.LESSPLASTIC.CO.UK)

If we were just to replace a few items with reusable stuff we would have a lot less to throw away.

# Reduce, reuse, recycle

It's not just single use plastic, in this country, EVERY YEAR, we throw away...



22 million pieces of furniture



300,000 tonnes of clothes



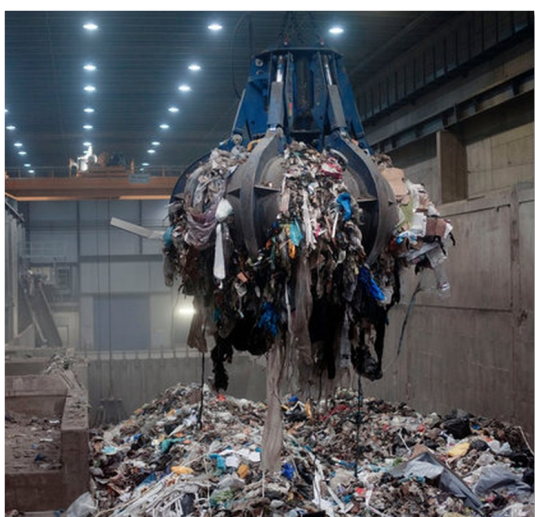
28 million toys



11,000 bicycles

**It all adds up to a huge waste.**

If you throw it in the Rubbish bin it will end up at the Energy From Waste plant where it will get burnt. What a waste. Think what you could do with it instead?



***It is much better to Reduce the amount we use so there is less to throw away.***

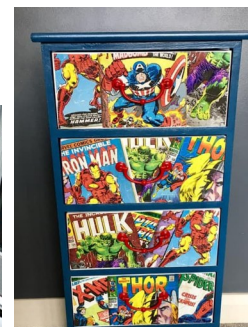
# Reduce, reuse, recycle

Here are just some ideas of what to do with them instead. Can you think of any other ways to reuse?

Some charity shops are starting to do collections during lockdown when they are allowed.



Revamp old furniture.



Turn old clothes into something else like this t shirt bag.



Repair your bike if you have one. Lockdown is a good time to learn how to do this.



Swap or share toys with your siblings. After lockdown think about giving them to a charity shop. Remember if they go in the bin they end up being burnt. What a waste.

# Reduce, reuse, recycle

On the next page is our Might Be Useful sing-a-long song—why not make a Reuse shaker to shake along to our song. Find clean items from your recycling and old bits of fabric.



Any old container with a lid will do, even a box or yoghurt pot. I also found a free catalogue which had been put through my door (make sure your adults say it's ok to use), wrapping paper and fabric, even an empty shiny rice bag.

I used some milk bottle lids to fill it up to make the noise.



I haven't got any glue so I found some rubber bands. Get creative in what you can use if you haven't got glue or sticky tape or rubber bands! Just make sure the lid is secure so it doesn't all fly out when you shake along.

Can you think of any other instruments you can make from reusing stuff you already have or from recycling? Here are some of my favourites I've found:



# Reduce, reuse, recycle

This is sung to the tune of **Glory, Glory, Hallelujah**.

You could ask an adult how it goes or make up your own tune. Don't forget to shake your shaker in time with the music.

## **'Might Be Useful' song**

**When you've finished with your stuff don't just throw it in the bin!**

**When you've finished with your stuff don't just throw it in the bin!**

**When you've finished with your stuff don't just throw it in the bin!**

*What else can you do?*

**Think again! It might be use--ful!**

**Think again! It might be use--ful!**

**Think again! It might be use--ful!**

*Useful for me or you.*



Why not think of some different words that could be used for another verse?

**Think about some of the stuff you use and throw away and what you could do with it instead?**

There are some ideas on the next page if you want help to think of some things.

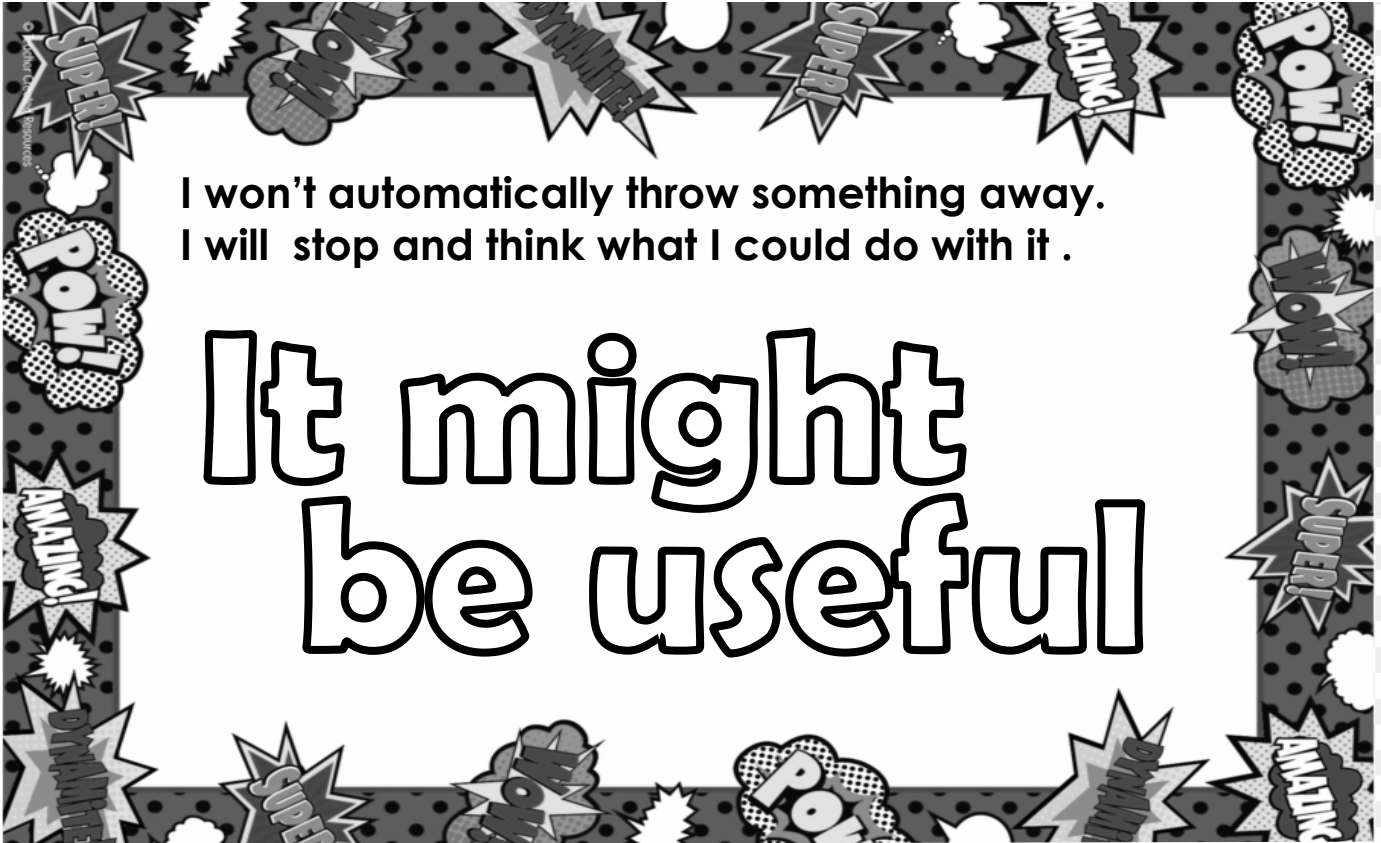
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Can you see what they used from recycling to make them?



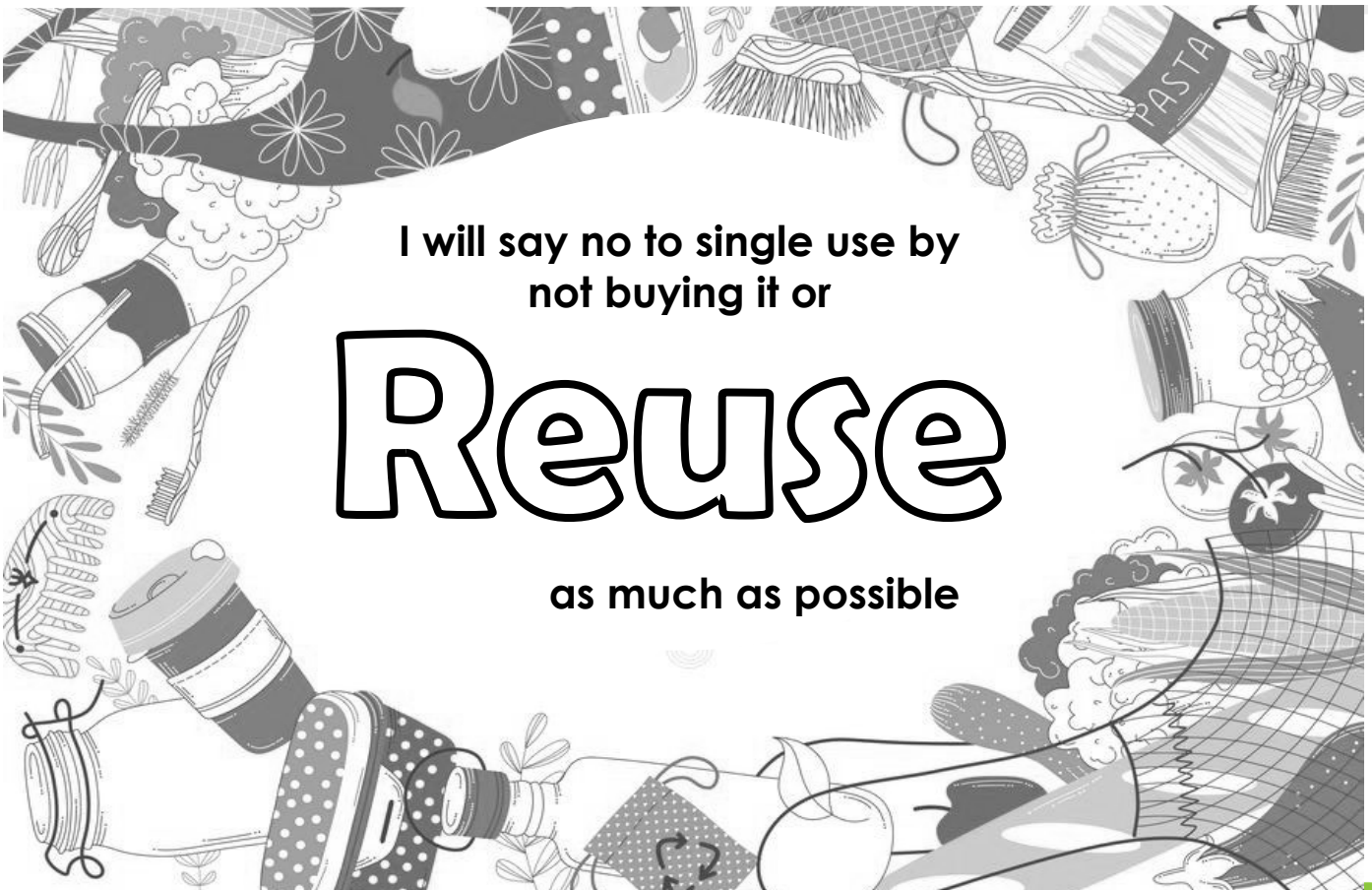
# Reduce, reuse, recycle

Be smart play your part—cut out and colour in these pledges (promises).



I won't automatically throw something away.  
I will stop and think what I could do with it .

# It might be useful



I will say no to single use by  
not buying it or

# Reuse

as much as possible